



Annual Retreat

Saturday, March 31, 2012

9:30 a.m. to 2:00 p.m.

Leader:

Rev. Fr. V. M. Shibu,

Vicar, St. Gregorios Orthodox Church, Bensalem

Come one and All

With Prayerful preparation for Confession

Please bring your Bible and Prayer Books

ST. THOMAS INDIAN ORTHODOX CHURCH
1009 UNRUH AVENUE, PHILADELPHIA, PA 19111
Tel. 215-342-1500 Fax 215-342-2700, Cell 201-681-1078

വലിയനോമ്പ് & കഷ്ടാനുഭവാഴ്ച പരിപാടികൾ

GREAT LENT & HOLY WEEK PROGRAM

Great Lent:

എല്ലാ ദിവസങ്ങളിലും സന്ധ്യാപ്രാർത്ഥന, ധ്യാനം

(Daily Evening Prayer and Meditation)

6:30 p.m. to 7:30 p.m.

Feast of Annunciation to St. Mary: Sunday, March 25:

Holy Week:

എല്ലാ ദിവസങ്ങളിലും 8:00 a.m.- 8:30 p.m.

യാമപ്രാർത്ഥന, ധ്യാനം, വേദപഠനം,

വചനശുശ്രൂഷ, മദ്ധ്യസ്ഥ പ്രാർത്ഥന

**MEDITATION, BIBLE STUDY, DEVOTIONAL
ADDRESS, INTERCESSORY PRAYERS, &
REGULAR OFFICE OF PRAYERS**

LED BY:

HG ZACHARIAH MAR NICHOLOVOS

METROPOLITAN, NORTHEAST AMERICAN DIOCESE

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HOLY WEEK PROGRAM

40th Day of Lent and Lazarus Memory, on Friday, March 30

6:00 p.m. Evening Prayer & Holy Qurbana
Kanji

Palm Sunday, April 1

8:30 a.m. Morning Prayer
9:15 a.m. Blessing the Palms & Holy Qurbana, Kanji
7:00 p.m. Evening Prayer
Devotional Address
Kanji

Monday, April 2

8:00 a.m. Morning Prayer
Meditation
12:30 p.m. Noon Prayer
1:00 p.m. Kanji
7:00 p.m. Prayer & Devotional Address
8:30 p.m. Kanji

Tuesday, April 3

8:00 a.m. Morning Prayer
Meditation
12:30 p.m. Noon Prayer
1:00 p.m. Kanji
7:00 p.m. Prayer & Devotional Address
8:30 p.m. Kanji

Wednesday, April 4 (PESAHA)

8:00 a.m. Morning Prayer
Meditation
12:30 p.m. Noon Prayer
1:00 p.m. Kanji
6:00 p.m. Evening Prayer
Holy Qurbana, Homily
8:30 p.m. Pesaha Appam

Maundy Thursday, April 5

8:00 a.m. Morning Prayer

Meditation
12:30 p.m. Noon Prayer
1:00 p.m. Kanji
5:00 p.m.

FEET WASHING CEREMONY,
Evening Prayer:

His Grace Zachariah Mar Nicholovos Metropolitan

Good Friday, 6

8:30 a.m. Good Friday Service
3:30 p.m. Kanji
7:00 p.m. Prayer
8:30 p.m. Kanji

Holy Saturday, April 7

9:30 a.m. Morning Prayer
10:30 a.m. Holy Qurbana
12:00 noon Kanji
7:00 p.m. Prayer & Devotional Address
8:30 p.m. Kanji

Easter Sunday, April 8

8:30 a.m. Morning Prayer
9:15 a.m. Easter Service
Holy Qurbana
Lunch

SPECIAL ANNOUNCEMENTS

- All members are expected to take Holy Communion on Pesaha Day observed on Wednesday evening commemorating the Last Supper of our Lord.
- Holy Confession will be heard on every evening from 4:00 to 6:30 p.m.
- There will not be Holy Confession on Holy Wednesday evening.
- All who are partaking of the Holy Communion (Pesaha Qurbana) are mandated to have no food after 3:00 p.m. on Wednesday.
- Please bring Passover Bread on Wednesday evening.
- Please bring your Bible, worship books and songbooks to all services and the Retreat.
- Please bring your plastic prayer-mats to use on Good Friday in the auditorium.
- **All Holy Week offerings may be given to the Treasurer.**